# **CAREER CONNECTIONS**

# Fall 2024 Events & Workshops

## **Career Exploration Study Hall**

# Friday, August 30 at 4:30 p.m. in Stone Hall

This Walk-in study hall will focus on career assessments that can help you explore and get a better idea of what career fields you may be interested in exploring. Come speak with a career advisor on different ways you can explore your identified field of interest. If you are not interested in taking a career assessment and want to work on your resume, cover letter, or interview skills no problem comes anyway no appointment is needed!

## Let's Get It Started, Volunteering, Job Shadowing, and Micro credentials

### Tuesday, September 10 at 4:30 p.m. Stone Hall Coffee House

Come learn more about how volunteering and micro-credentials can help transform your resume and help you explore potential new career environments

## Resume And Cover Letter Study Hall

### Thursday, September 12 at 4:30 p.m. in Stone Hall Coffee House

This walk-in study hall focuses on hands on experience writing a resume cover letter. Come find out the basics of resume cover letter writing and how to design A resume cover letter for your targeted field of interest. Not interested in working on your resume and have a different career question or want to work on mock interview skills., no problem come anyway. All are welcome and no appointment is needed!

## Internship 101

## Tuesday, September 17 at 4:30 p.m. on Teams

This workshop will give you an overview on how to land an internship and complete the required documents to earn academic credit. This is a workshop for students who are considering an internship for the Spring or Summer semester.

# How To Level Up Your Interview Skills for Online & In Person

#### Tuesday, October 8 at 4:30 p.m. on Teams

Come find out different tips and strategies for mastering any kind of interview. This workshop focuses on how to navigate both an inperson and virtual job interview and different ways to reduce stress and anxiety.

# Let's Talk About Workplace Accommodations

# Thursday, October 10 at 4:30 p.m. in Stone Hall Coffee House

The workplace can be a different experience for neurodivergent individuals versus the college experience. Come learn more about your rights as a neurodivergent individual in the workplace and find out more about different workplace accommodations. This workshop will focus on finding out more about your legal rights under the ADA and section 504, along with whose responsibility it is to disclose.

# Disclosure Statement Crafting Study Hall

# Tuesday, October 22 at 4:30 p.m. in Stone Hall Coffee House

This study hall will focus on crafting a disclosure statement around your neurodiversity for your employer. Come stop by and take some time to craft a statement that highlights the strengths of your neurodiversity while also confidently requesting reasonable accommodations. Come to talk about this topic or craft a statement or to work on anything else career related.

## Work-Life Balance, Self-Care, and The Power of 3rd Spaces

## Tuesday, November 5th at 4:30 p.m. in Stone Hall Coffee House

Life is about more than home, school, and work. Find out more about 3<sup>rd</sup> spaces and how they can create work-life balance, networking opportunities, and explore new and exciting paths in life

# Salary Negotiations

#### Tuesday, November 12 at 4:30 p.m. on Teams

Come learn about different tips and tricks that will help you land a salary that helps you grow in your job field and reach your goals of financial independence. Come learn about why salary negotiations are important, the different ways to navigate pay in state and federal sector jobs, private sector jobs, and how to create a budget to help with your salary negotiation needs. Come learn important skills and how to use them at any stage of your job search.

# LinkedIn & Mentra

# Thursday, November 14 at 4:30 p.m. on Teams

This workshop was designed especially for December 2024 graduates but is open to all interested students and will offer beginner tips and timely recommendations about their LinkedIn profiles. Career Connections will also introduce students to LC's newest neurodiversity hiring platform-Mentra.